


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Canada Day 1 	2 10:00 Walking Club 10:30 Virtual Church 1:30 Arts & Crafts 2:45 Bingo 3:30 Friendly Visits	3 10:30 Exercise 11:00 Group Discussion 1:30 Word game 2:45 Bowling 3:30 Friendly Visits 7:00 Pub Night	4 10:00 Gardening 10:30 Walking Club 1:30 Sensory Stimulation 2:45 Card Bingo 3:30 Friendly Visits	5 10:30 Relaxation Group 1:30 Manicures 2:45 Afternoon Walks 3:30 Friendly Visits	6
7	8 10:30 Exercise 11:00 News & Views 1:00 Outing: Country Drive 2:45 Sing-Along with Susie Q 3:30 Friendly Visits	9 10:00 Walking Club 10:30 Virtual Church 1:30 Arts & Crafts 2:45 Bingo 3:30 Friendly Visits	10 10:30 Exercise 11:00 Group Discussion 1:30 You Be the Judge 2:45 Bean Bag Toss 3:30 Friendly Visits	11 10:00 Gardening 10:30 Walking Club 1:30 Sensory Stimulation 2:45 Card Bingo 3:30 Friendly Visits	12 10:30 Relaxation Group 1:30 Movie Matinee 2:45 Social Butterflies 3:30 Friendly Visits	13
14	15 10:30 Exercise 11:00 News & Views 1:30 Trivia 2:45 Meditative Colouring 3:30 Friendly Visits	16 10:00 Walking Club 10:30 Virtual Church 1:30 Arts & Crafts 2:45 Bingo 3:30 Friendly Visits	17 10:30 Exercise 11:00 Group Discussion 1:30 Word Game 2:45 Noodle Hockey 3:30 Friendly Visits 7:00 Pub Night	18 10:00 Gardening 10:30 Walking Club 1:30 Sensory Stimulation 2:00 Resident and Family Meeting 3:30 Friendly Visits	19 10:30 Relaxation Group 1:30 Manicures 2:45 Afternoon Walks 3:30 Friendly Visits	20

Terra Losa – West Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
	10:30 Exercise 11:00 New & Views 1:30 Trivia 2:45 Travelogue 3:30 Friendly Visits	10:00 Walking Club 10:30 Virtual Church 1:30 Arts & Crafts 2:45 Bingo 3:30 Friendly Visits	10:30 Exercise 11:00 Group Discussion 1:30 Gardening 2:45 Ladder Ball Toss 3:30 Friendly Visits	10:00 Gardening 10:30 Walking Club 1:30 Sensory Stimulation 2:00 Birthday Party 3:30 Friendly Visits	10:30 Relaxation Group 1:30 Movie Matinee 2:45 Social Butterflies 3:30 Friendly Visits	
28	29	30	31	Legend (EW) East Wing, Main Floor (L) Lobby, Main Floor (3) Theatre, 3rd Floor (SR) Sunshine Room, 5th Floor (TL) Terrace Lounge, 5th Floor Calendar is subject to change without notice.		
	10:30 Exercise 11:00 News & Views 1:30 Trivia 2:45 Puzzles 3:30 Friendly Visits	10:00 Walking Club 10:30 Virtual Church 1:30 Arts & Crafts 2:45 Bingo 3:30 Friendly Visits	10:30 Exercise 11:00 Group Discussion 1:30 Word Game 2:45 Meditative Coloring 3:30 Friendly Visits			