


\* Please sign-up for Outings at the Front Desk; payment due upon sign-up \*

Calendar is subject to change without notice.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>Canada Day 1</b></p> <p>10:00 Social Gathering (M)</p> <p>1:30 Adult Colouring (3)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p>6:30 Bingo (2)</p>	<p><b>2</b></p> <p>10:00 Social Gathering (2)</p> <p>11:00 Fall Prevention Exercise (3)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p><b>2:00 Canada Day Celebration with Mama Straut (2)</b></p> <p>6:30 Shuffleboard (4)</p> <p>6:30 Indoor Curling (2)</p>	<p><b>3</b></p> <p>10:00 Social Gathering (M)</p> <p>11:00 Exercise (3)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p>2:00 Ladder Golf (M)</p> <p>6:30 Bingo (2)</p>	<p><b>4</b></p> <p>10:00 Social Gathering (2)</p> <p>11:00 Fall Prevention Exercise (3)</p> <p><b>1:00-2:30 Chef Challenge (M)</b></p> <p>2:00 Tea, Puzzles &amp; Games (2)</p> <p>6:30 Horse Racing (3)</p>	<p><b>5</b></p> <p><b>9:00 Blood Pressure (M)</b></p> <p>10:00 Social Gathering (M)</p> <p>11:00 Exercise (3)</p> <p><b>1:00 Outing: Country Drive &amp; Ice Cream (Edmonton)</b></p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p>6:30 Bingo (2)</p>	<p><b>6</b></p> <p>10:00 Social Gathering (M)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p><b>5:45 Piano Music by Edna (M)</b></p>
<p><b>7</b></p> <p>10:00 Social Gathering (M)</p> <p><b>11:00 Hymn Singing with Janice Steeves (4)</b></p> <p>2:00 Horse Racing (3)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p>6:30 Shuffleboard (4)</p>	<p><b>8</b></p> <p>10:00 Social Gathering (M)</p> <p>11:00 Exercise (3)</p> <p>1:30 Adult Colouring (3)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p>6:30 Bingo (2)</p>	<p><b>9</b></p> <p>10:00 Social Gathering (2)</p> <p>11:00 Fall Prevention Exercise (3)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p>6:30 Shuffleboard (4)</p> <p>6:30 Indoor Curling (2)</p>	<p>10:00 Social Gathering (M) <b>10</b></p> <p><b>10:00 Recreation Activity Meeting (PDR)</b></p> <p>11:00 Exercise (3)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p>2:00 Bean Bag Throw (M)</p> <p>6:30 Bingo (2)</p>	<p><b>11</b></p> <p>10:00 Social Gathering (M)</p> <p>11:00 Fall Prevention Exercise (3)</p> <p>2:00 Bocce Balls (M)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p>6:30 Horse Racing (3)</p>	<p>10:00 Social Gathering (M) <b>12</b></p> <p>11:00 Exercise (3)</p> <p><b>10:00 Outing: All Day Fishing Trip (Camrose)</b></p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p>6:30 Bingo (2)</p>	<p><b>13</b></p> <p>10:00 Social Gathering (M)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p><b>5:45 Piano Music by Edna (M)</b></p>
<p><b>14</b></p> <p>10:00 Social Gathering (M)</p> <p><b>11:00 Hymn Singing with Janice Steeves (4)</b></p> <p>2:00 Horse Racing (3)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p>6:30 Shuffleboard (4)</p>	<p><b>15</b></p> <p>10:00 Social Gathering (M)</p> <p>11:00 Exercise (3)</p> <p>1:30 Adult Colouring (3)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p>6:30 Bingo (2)</p>	<p>10:00 Social Gathering (M) <b>16</b></p> <p>11:00 Fall Prevention Exercise (3)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p><b>2:00 Special Event with Steven Saiko (2)</b></p> <p>6:30 Shuffleboard (4)</p> <p>6:30 Indoor Curling (2)</p>	<p><b>17</b></p> <p><b>10:00 Resident &amp; Family Meeting (M)</b></p> <p>11:00 Exercise (3)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p><b>2:00 Special Event with Page - Violinist (2)</b></p> <p>6:30 Bingo (2)</p>	<p><b>18</b></p> <p>10:00 Social Gathering (M)</p> <p>11:00 Fall Prevention Exercise (3)</p> <p>2:00 Bocce Balls (M)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p>6:30 Horse Racing (3)</p>	<p><b>9:00 Blood Pressure (M) 19</b></p> <p>10:00 Social Gathering (M)</p> <p><b>1:00 Outing: Country Drive &amp; Ice Cream (Devon)</b></p> <p>11:00 Exercise (3)</p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p>6:30 Bingo (2)</p>	<p><b>20</b></p> <p>10:00 Social Gathering (M)</p> <p><b>1-3:00 Crib Tournament (M)</b></p> <p>2:00 Tea, Puzzles &amp; Games (M)</p> <p><b>2:00-5:00 Vendor: Fifth Avenue Collection (M)</b></p> <p><b>5:45 Piano Music by Edna (M)</b></p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
10:00 Social Gathering (M) <b>11:00 Hymn Singing with Janice Steeves (4)</b> 2:00 Horse Racing (3) 2:00 Tea, Puzzles & Games (M) 6:30 Shuffleboard (4)	10:00 Social Gathering (M) 11:00 Exercise (3) 1:30 Adult Colouring (3) 2:00 Tea, Puzzles & Games (M) 6:30 Bingo (2)	10:00 Social Gathering (2) 11:00 Fall Prevention Exercise (3) 2:00 Tea, Puzzles & Games (M) 6:30 Shuffleboard (4) 6:30 Indoor Curling (2)	10:00 Social Gathering (2) 11:00 Fall Prevention Exercise (3) 2:00 Tea, Puzzles & Games (M) <b>2:00 Special Event with Ted &amp; Dian (2)</b> 6:30 Shuffleboard (4) 6:30 Indoor Curling (2)	10:00 Social Gathering (M) 11:00 Fall Prevention Exercise (3) 2:00 Bocce Balls (M) 2:00 Tea, Puzzles & Games (M) 6:30 Horse Racing (3)	10:00 Social Gathering (M) <b>10:00 Outing: Peaceful Valley Day Trip</b> 11:00 Exercise (3) 2:00 Tea, Puzzles & Games (M) 6:30 Bingo (2)	10:00 Social Gathering (M) 2:00 Tea, Puzzles & Games (M) <b>5:45 Piano Music by Edna (M)</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>Legend</b>		
10:00 Social Gathering (M) <b>11:00 Church Service with Pastor Brent (4)</b> 2:00 Horse Racing (3) 2:00 Tea, Puzzles & Games (M) 6:30 Shuffleboard (4)	10:00 Social Gathering (M) 11:00 Exercise (3) 1:30 Adult Colouring (3) 2:00 Tea, Puzzles & Games (M) 6:30 Bingo (2)	10:00 Social Gathering (M) 11:00 Fall Prevention Exercise (3) 2:00 Tea, Puzzles & Games (M) <b>2:00 Birthday Party with Kay Silva (2)</b> 6:30 Shuffleboard (4) 6:30 Indoor Curling (2)	10:00 Social Gathering (M) <b>10:00 Welcome Committee Meeting (PDR)</b> 11:00 Exercise (3) 2:00 Tea, Puzzles & Games (M) 2:00 Bean Bag Throw (M) 6:30 Bingo (2)	Dining Room (DR) Private Dining Room (PDR) Main Floor Amenity Room (M) 2nd Floor Amenity Room (2) 3rd Floor Amenity Room (3) 3rd Floor Library (3L) 4th Floor Chapel or Games Room (4)		