

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>New Year's Day</b> <b>1</b>	<b>2</b> 10:00 HSEP 10:45 Hockey 1:30 Sensory Time 3:00 New Year's Resolutions	<b>3</b> 10:00 Balloon Volleyball 11:15 FaceTime 1:30 Puzzles 3:00 Sing-Along	<b>4</b> 10:00 HSEP 10:45 Hangman 1:30 Arts and Crafts 3:00 Friendly Visits	<b>5</b> 10:00 Soccer 11:15 Workout (F) 1:30 Baking (Cookies) 3:00 Ping Pong Pan	<b>6</b> 10:00 HSEP 10:45 Pom Pom Letters 1:30 Men's Group 3:00 Movie	<b>7</b>
<b>8</b>	<b>9</b> 10:00 HSEP 10:45 Teamwork Cup Stack 1:30 Puzzles 3:00 Java	<b>10</b> 10:00 Bean Bag Toss 11:15 FaceTime 1:30 Shuffleboard 3:00 Cultural Exploration	<b>11</b> 10:00 HSEP 10:45 Words That Start With 1:30 Arts and Crafts 3:00 Target Practice	<b>12</b> 10:00 Ladder Golf 11:15 Workout (F) 1:30 Life Experiences Bingo 3:00 KerPlunk Game	<b>13</b> 10:00 HSEP 10:45 Door Decor 1:30 Break the Ice 3:00 Movie	<b>14</b>
<b>15</b>	<b>16</b> 10:00 HSEP 10:45 Plumbing Game 1:30 Sensory Time 3:00 Marble Racing	<b>17</b> 10:00 Darts 11:15 FaceTime 1:30 Door Decor 3:00 Friendly Visits	<b>18</b> 10:00 HSEP 10:45 Horse Racing 1:30 Arts and Crafts 3:00 Travelogue	<b>19</b> 10:00 Ring Hoop 11:15 Workout (F) 1:30 Curling 3:00 Sing-Along	<b>20</b> 10:00 HSEP 10:45 Java 1:30 High Tea 3:00 Movie	<b>21</b>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Lunar New Year</b> <b>22</b> 	<b>23</b> 10:00 HSEP 10:45 KerPlunk Game 1:30 Puzzles 3:00 Travelogue	<b>24</b> 10:00 Bowling 11:15 Word Search 1:30 Minute to Win It Games 3:00 Hand Massages	<b>25</b> 10:00 HSEP 10:45 Baking (Apple Crisp) 1:30 Skeet Ball 3:00 Colour Matching	<b>26</b> 10:00 Reel in The Bottle 11:15 Chicken Noodle Soup Book 2:00 Birthday Party 3:00 Card Sorting	<b>27</b> 10:00 HSEP 10:45 Jeopardy 1:30 Walker Decorating 3:00 Friendly Visits	<b>28</b>
<b>29</b>	<b>30</b> 10:00 HSEP 10:45 Ping Pong Pan 1:30 Sensory 3:00 Sing-Along	<b>31</b> 10:00 Basketball 11:15 Door Decor 1:30 Puzzles 3:00 Chair Yoga			<b>Legend</b> (F) Fitness Centre, 4 <sup>th</sup> Floor HSEP = Home Support Exercise Program <b>Calendar is subject to change without notice.</b>	