

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Year's Day 1 5:30 Movie	2 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 1:10 Household Chores 1:30 Bingo 2:10 Adult Colouring 3:40 Household Chores 5:30 Movie	3 9:20 Household Chores 10:00 Catholic Service (4) 11:00 YouTube Sing-Along 12:30 Household Chores 1:30 Nail Care 2:00 Karaoke 3:30 Adult Colouring 5:30 Movie	4 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 12:30 Household Chores 1:30 Baking 2:30 Tea Social with Music 4:00 Candlelight Dinner (PD) 5:40 Self Care Experience	5 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 12:30 Household Chores 1:30 Mental Aerobics 2:30 Walking Program 5:30 Sport Channel	6 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 10:30 Outing: Country Drive & Ice Cream (Beaumont)* 5:30 Movie	7 9:20 Household Chores 9:30 Exercise 5:30 Movie
8 9:10 Household Chores 9:30 Exercise 3:15 Hymn Singing 5:30 Movie	9 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 1:10 Household Chores 1:30 Bingo 2:10 Adult Colouring 3:40 Household Chores 5:30 Movie	10 9:20 Household Chores 9:45 Exercise 11:00 YouTube Sing-Along 12:30 Household Chores 1:30 Nail Care 2:00 Karaoke 3:30 Adult Colouring 5:30 Movie	11 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 12:30 Household Chores 1:30 Baking 2:30 Tea Social with Music 4:00 Candlelight Dinner (PD) 5:40 Self Care Experience	12 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 12:30 Household Chores 1:30 Mental Aerobics 2:30 Walking Program 5:30 Sport Channel	13 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 10:30 Outing: Country Drive & Ice Cream (Sherwood Park)* 5:30 Movie	14 9:20 Household Chores 9:30 Exercise 5:30 Movie
15 9:10 Household Chores 9:30 Exercise 11:00 Church Service (4) 3:15 Hymn Singing 5:30 Movie	16 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 1:10 Household Chores 1:30 Bingo 2:10 Adult Colouring 3:40 Household Chores 5:30 Movie	17 9:20 Household Chores 10:00 Catholic Service (4) 11:00 YouTube Sing-Along 12:30 Household Chores 1:30 Nail Care 2:00 Special Event with Mama Straut (2) 3:30 Adult Colouring 5:30 Movie	18 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 12:30 Household Chores 1:30 Baking 2:30 Tea Social with Music 4:00 Candlelight Dinner (PD) 5:40 Self Care Experience	19 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 12:30 Household Chores 1:30 Mental Aerobics 2:30 Walking Program 5:30 Sport Channel	20 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 10:30 Outing: Country Drive & Ice Cream (Edmonton)* 5:30 Movie	21 9:20 Household Chores 9:30 Exercise 5:30 Movie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunar New Year 22 9:10 Household Chores 9:30 Exercise 11:00 Church Service (4) 3:15 Hymn Singing 5:30 Movie	9:20 Household Chores 23 9:45 Exercise 10:30 YouTube Sing-Along 1:10 Household Chores 1:30 Bingo 2:10 Adult Colouring 3:40 Household Chores 5:30 Movie	9:20 Household Chores 24 9:45 Exercise 11:00 YouTube Sing-Along 12:30 Household Chores 1:30 Nail Care 2:00 Karaoke 3:30 Adult Colouring 5:30 Movie	9:20 Household Chores 25 9:45 Exercise 10:30 YouTube Sing-Along 12:30 Household Chores 1:30 Baking 2:30 Tea Social with Music 4:00 Candlelight Dinner (PD) 5:40 Self Care Experience	26 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 12:30 Household Chores 1:30 Mental Aerobics 2:30 Walking Program 5:30 Sport Channel	27 9:20 Household Chores 9:45 Exercise 10:30 YouTube Sing-Along 10:30 Outing: Reynolds Museum in Wetaskiwin* 5:30 Movie	28 9:20 Household Chores 9:30 Exercise 5:30 Movie
29 9:10 Household Chores 9:30 Exercise 11:00 Church Service (4) 3:15 Hymn Singing 5:30 Movie	9:20 Household Chores 30 9:45 Exercise 10:30 YouTube Sing-Along 1:10 Household Chores 1:30 Bingo 2:10 Adult Colouring 3:40 Household Chores 5:30 Movie	9:20 Household Chores 31 9:45 Exercise 11:00 YouTube Sing-Along 12:30 Household Chores 1:30 Nail Care 2:00 Special Event with Rebound (2) 3:30 Adult Colouring 5:30 Movie			Legend Private Dining Room (PD) Rose Hill Cottage Household (RHC) Main Floor Amenity Room (M) 2nd Floor Amenity Room (2) 4th Floor Chapel (4) Calendar is subject to change without notice.	