



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend Rose Hill Cottage Household (RHC) 2nd Floor Amenity Room (2) 4th Floor Chapel (4) * Please sign-up for Outings at the Front Desk; payment due upon sign-up * Calendar is subject to change without notice.		<p><i>Fun Fact: Canada has more doughnut shops per capita than anywhere else in the world.</i></p> 			Canada Day 1 9:45 Exercise 10:30 YouTube Sing-Along 2:00 Canada Day Celebration with Mama Straut (2) 	2 9:30 Exercise 1:15 YouTube Sing-Along
3 9:30 Exercise 11:00 Church Service (4) 3:15 Hymn Singing	4 9:45 Exercise 10:30 YouTube Sing-Along 2:00 Sing-Along with Mama Straut 3:30 Walking Program 5:30 Movie	5 10:00 Catholic Service (4) 11:00 YouTube Sing-Along 1:30 Nail Care 2:30 Arts & Crafts 5:30 Bean Bag Toss	6 9:45 Exercise 10:30 YouTube Sing-Along 1:30 Baking 2:30 Tea Social with Music 4:00 Candlelight Dinner 6:00 Bingo	7 9:45 Exercise 10:00-4:00 Foot Care (2) 10:30 YouTube Sing-Along 1:30 Short Stories 3:00 Walking Program	8 9:45 Exercise 10:30 YouTube Sing-Along 1:15 Outing: Country Drive & Ice Cream (Thorsby)* 1:45 Tea Social with Music	9 9:30 Exercise 1:15 YouTube Sing-Along
10 9:30 Exercise 10:20 Nail Care 3:15 Hymn Singing	11 9:45 Exercise 10:30 YouTube Sing-Along 3:30 Walking Program 5:30 Movie	12 9:45 Exercise 10:30 YouTube Sing-Along 1:10 Nail Care 2:00 Special Event with Steven Saiko (2) 5:30 Bean Bag Toss	13 9:45 Exercise 10:30 YouTube Sing-Along 1:30 Baking 2:30 Tea Social with Music 4:00 Candlelight Dinner 6:00 Bingo	14 9:45 Exercise 10:30 YouTube Sing-Along 1:30 Short Stories 3:00 Walking Program	15 9:45 Exercise 10:30 YouTube Sing-Along 1:15 Outing: Country Drive & Ice Cream (Wetaskiwin)* 1:45 Tea Social with Music	16 9:30 Exercise 1:15 YouTube Sing-Along

July 2022

Leduc – Sainsbury Lane

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17 9:30 Exercise 10:20 Nail Care 3:15 Hymn Singing	18 9:45 Exercise 10:30 YouTube Sing-Along 3:30 Walking Program 5:30 Movie	19 9:45 Exercise 10:30 YouTube Sing-Along 1:30 Nail Care 2:30 Arts & Crafts 5:30 Bean Bag Toss	20 9:45 Exercise 10:30 YouTube Sing-Along 1:30 Baking 2:30 Tea Social with Music 4:00 Candlelight Dinner 6:00 Bingo	21 9:45 Exercise 10:30 YouTube Sing-Along 1:30 Short Stories 3:00 Walking Program	22 9:45 Exercise 10:30 YouTube Sing-Along 1:45 Tea Social with Music	23 9:30 Exercise 1:15 YouTube Sing-Along 6:30 Sing-Along with Ryan (2)
24 9:30 Exercise 11:00 Church Service (4) 3:15 Hymn Singing	25 9:45 Exercise 10:30 YouTube Sing-Along 3:30 Walking Program 5:30 Movie	26 9:45 Exercise 10:30 YouTube Sing-Along 2:00 Birthday Party with Johnson Philip (2) 3:15 Nail Care 5:30 Bean Bag Toss	27 9:45 Exercise 10:30 YouTube Sing-Along 1:30 Baking 2:30 Tea Social with Music 4:00 Candlelight Dinner 6:00 Bingo	28 9:45 Exercise 10:30 YouTube Sing-Along 1:30 Short Stories 3:00 Walking Program	29 9:45 Exercise 10:30 YouTube Sing-Along 1:15 Outing: Country Drive & Ice Cream (Spruce Grove)* 1:45 Tea Social with Music	30 9:30 Exercise 1:15 YouTube Sing-Along
31 9:30 Exercise 10:20 Nail Care 3:15 Hymn Singing						