





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Legend</p> <p>(EK) East Wing Kitchen (EW) East Wing (TL) Terrace Lounge, 5th Floor (4) 4th Floor Bistro Area</p> <p><i>* Please sign-up for Outings at the Front Desk; payment due upon sign-up.</i></p>		<p>Calendar is subject to change without notice.</p>					<p>1</p> <p>New Year's Day</p> 
<p>2</p>	<p>3</p> <p>10:30 Exercise 11:00 News and Views 1:30 Trivia 3:00 Piano with Linda (EW) 3:30 Friendly Visits</p>	<p>4</p> <p>10:00 Walking Club 10:30 Virtual Church 1:30 Arts & Crafts 2:45 Bingo (TL) 3:30 Friendly Visits</p>	<p>5</p> <p>10:30 Strength Training 1:30 Brain Game 2:30 Card Bingo 3:00 Piano with Linda (EW) 7:00 Pub Night (TL)</p>	<p>6</p> <p>10:30 Walking Club 1:00 Hot Chocolate & Sing-Along (TL) 1:30 Sensory Stimulation 2:45 Bingo (TL) 3:30 Friendly Visits</p>	<p>7</p> <p>10:30 Relaxation Group 1:30 Movie Matinee 3:00 Piano with Linda (EW) 3:30 Friendly Visits</p>	<p>8</p> <p>2:00 Happy Hour (TL)</p>	
<p>9</p> 	<p>10</p> <p>10:30 Exercise 11:00 News and Views 1:30 Trivia 3:30 Friendly Visits</p>	<p>11</p> <p>10:00 Walking Club 10:30 Virtual Church 11:00 Lunch Club (by invite) 1:30 Arts & Crafts 2:45 Bingo (TL) 3:30 Puzzles</p>	<p>12</p> <p>10:30 Strength Training 1:30 Mindbender 2:30 Armchair Travel 3:00 Meditative Colouring 7:00 Pub Night (TL)</p>	<p>13</p> <p>10:30 Walking Club 1:00 Hot Chocolate & Sing-Along (TL) 1:30 Sensory Stimulation 2:45 Bingo (TL) 3:30 Friendly Visits</p>	<p>14</p> <p>10:30 Relaxation Group 1:30 Manicures 3:00 Piano with Linda (EW) 3:30 Friendly Visits</p>	<p>15</p> <p>2:00 Happy Hour (TL)</p>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17 10:30 Exercise 11:00 News and Views 1:30 Trivia 3:00 Piano with Linda (EW) 3:30 Friendly Visits	18 10:00 Walking Club 10:30 Virtual Church 1:30 Arts & Crafts 2:45 Bingo (TL) 3:30 Friendly Visits	19 10:30 Strength Training 1:30 Spelling Bee 3:00 Piano with Linda (EW) 3:30 Friendly Visits 7:00 Pub Night (TL)	20 10:30 Walking Club 1:00 Hot Chocolate & Sing-Along (TL) 1:30 Sensory Stimulation 2:45 Bingo (TL) 3:30 Friendly Visits	21 10:30 Relaxation Group 1:30 Brain Game 3:00 Piano with Linda (EW) 3:30 Friendly Visits	22 2:00 Happy Hour (TL)
23 	24 10:30 Exercise 11:00 News and Views 1:30 Trivia 3:00 Piano with Linda (EW) 3:30 Friendly Visits	25 10:00 Walking Club 10:30 Virtual Church 1:30 Arts & Crafts 2:45 Bingo (TL) 3:30 Puzzles	26 10:30 Strength Training 1:30 Card Game 3:00 Meditative Colouring 3:30 Friendly Visits 7:00 Pub Night (TL)	27 10:30 Walking Club 1:30 Resident Meeting (TL) 1:30 Sensory Stimulation 2:45 Bingo (TL) 3:30 Friendly Visits	28 10:30 Relaxation Group 1:30 Manicure 3:00 Piano with Linda (EW) 3:30 Friendly Visits	29 2:00 Happy Hour (TL)
30	31 10:30 Exercise 11:00 News and Views 1:30 Trivia 3:00 Piano with Linda (EW) 3:30 Friendly Visits					