


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Legend</b> SR – Sunshine Room TL – Terrace Lounge L – Lobby 4 – 4 <sup>th</sup> Floor Bistro EY – East Yard		<b>1</b> 10:00 Walking Club (L) 10:45 Wii Bowling (TL) 1:30 Curling (TL) 2:45 Bingo (TL) 3:45 Pool (TL) 7:00 Music with Doug (L)	<b>2</b> 10:00 Exercise (SR) 10:45 Laddergolf (SR) 1:30 Movie (SR) 3:15 Walk to the Lake (L) 3:45 Home Support Exercise Program (TL) 7:00 Pub Night (TL)	<b>3</b> 10:00 Time in the Garden (L) 10:45 Colouring (SR) 1:00 Ice Cream in the Yard (L) 1:30 Game Show (SR) 2:45 Bingo (TL) 3:30 Documentary (SR) 7:00 Music with Doug (L)	<b>4</b> 10:00 Exercise (SR) 10:45 Washer Toss (SR) 1:30 Knitting (SR) 3:00 Card Bingo (TL) 3:45 Home Support Exercise Program (TL) 7:00 Trivia with Mark (L)	<b>5</b> 2:00 Happy Hour (TL)
<b>6</b> 7:00 Gospel Music with Doug (TL)	<b>7</b> 10:00 Exercise (SR) 10:45 Guggenheim (SR) 1:30 Knitting (SR) 2:30 Ceramics (TL) 3:30 Virtual Church (SR) 3:45 Home Support Exercise Program (TL)	<b>8</b> 10:00 Walking Club (L) 10:45 Carpet Bowling (SR) 1:30 Curling (TL) 2:45 Bingo (TL) 3:45 YouTube Music (SR) 7:00 Music with Doug (L)	<b>9</b> 10:00 Exercise (SR) 10:45 Bean Bag Toss (SR) 1:30 Movie (SR) 3:15 Walk to the Lake (L) 3:45 Home Support Exercise Program (TL) 7:00 Pub Night (TL)	<b>10</b> 10:00 Horse Race (L) 10:45 Manicures (SR) 1:00 Ice Cream (L) 1:30 Game Show (SR) 2:45 Bingo (TL) 3:30 Travelogue (SR) 7:00 Music with Doug (L)	<b>11</b> 10:00 Exercise (SR) 10:45 Ring Toss (SR) 1:30 Knitting (SR) 3:00 Card Bingo (TL) 3:45 Home Support Exercise Program (TL) 7:00 Trivia with Mark (L)	<b>12</b> 2:00 Happy Hour (TL)



Celebrate Senior's Week in Alberta - June 7 to 13, 2021



<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>13</b> 7:00 Piano Music with Darolyn (TL)	<b>14</b> 10:00 Exercise (SR) 10:45 Guggenheim (SR) 1:30 Knitting (SR) 2:30 Crafters Club (TL) 3:30 Virtual Church (SR) 3:45 Home Support Exercise Program (TL)	<b>15</b> 10:00 Walking Club (L) 10:45 Wii Bowling (TL) 1:30 Curling (TL) 2:45 Bingo (TL) 3:45 Word Games (SR) 7:00 Music with Doug (L)	<b>16</b> 10:00 Exercise (SR) 10:45 Ladder Golf (SR) 1:30 Movie (SR) 3:15 Walk to the Lake (TL) 3:45 Home Support Exercise Program (TL) 7:00 Pub Night (TL)	<b>17</b> 10:00 Hand Massages (L) 10:45 Relaxation (SR) 1:00 Ice Cream (L) 1:30 Game Show (SR) 2:45 Bingo (TL) 3:30 Documentary (SR) 7:00 Music with Doug (L)	<b>18</b> 10:00 Exercise (SR) 10:45 Horse Races (SR) 1:30 Knitting (SR) 3:00 Campfire & Marshmallows (EY) 3:45 Home Support Exercise Program (TL) 7:00 Trivia with Mark (L)	<b>19</b> 2:00 Happy Hour (TL)
<b>Father's Day 20</b> 7:00 Gospel Music with Doug (TL)  	<b>21</b> 10:00 Exercise (SR) 10:45 Guggenheim (SR) 1:00 Outing: Country Drive 1:30 Knitting (SR) 2:30 Ceramics (TL) 3:30 Virtual Church (SR) 3:45 Home Support Exercise Program (TL)	<b>22</b> 10:00 Walking Club (L) 10:45 Carpet Bowling (SR) 1:30 Curling (TL) 2:45 Bingo (TL) 3:45 Left, Right & Center (SR) 7:00 Music with Doug (L)	<b>23</b> 10:00 Exercise (SR) 10:45 Bean Bag Toss (SR) 1:30 Movie (SR) 3:15 Walk to the Lake (TL) 3:45 Home Support Exercise Program (TL) 7:00 Pub Night (TL)	<b>24</b> 10:00 Walking Club (L) 10:45 Colouring (SR) 1:00 Ice Cream (L) 1:30 Game Show (SR) 2:45 Bingo (TL) 3:30 Travelogue (SR) 7:00 Music with Doug (L)	<b>25</b> 10:00 Exercise (SR) 11:00 Bring an Antique (SR) 1:30 Knitting (SR) 3:00 Card Bingo (TL) 3:45 Home Support Exercise Program (TL) 7:00 Trivia with Mark(L)	<b>26</b> 2:00 Happy Hour (TL)

**Terra Losa – Independent**

<p><b>27</b></p> <p>7:00 Piano Music with Darolyn (TL)</p>	<p><b>28</b></p> <p>10:00 Exercise (SR) 10:45 Guggenheim (SR) 1:30 Knitting (SR) 2:30 Canada Day Craft (TL) 3:30 Virtual Church (SR) 3:45 Home Support Exercise Program (TL)</p>	<p><b>29</b></p> <p>10:00 Walking Club (L) 10:45 Wii Bowling (TL) 1:30 Curling (TL) 2:45 Bingo (TL) 3:45 Pool (TL) 7:00 Music with Doug (L)</p>	<p><b>30</b></p> <p>10:00 Exercise (SR) 10:45 Laddergolf (SR) 1:30 Movie (SR) 3:15 Walk to the Lake (L) 3:45 Home Support Exercise Program (TL) 7:00 Pub Night(TL)</p>	
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